



HAPPENINGS

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Happy New Year to All!!

"I never teach my pupil; I only attempt to provide the conditions in which they can learn." Albert Einstein

**The great Ant Philosophy Seminar by
Jim Rohn**

Over the years I've been teaching children about a simple but powerful concept - the ant philosophy. I think everybody should study ants. They have an amazing four-part philosophy, and here is the first part: ants never quit. That's a good philosophy. If they're headed somewhere and you try to stop them; they'll look for another way. They'll climb over, they'll climb under, and they'll climb around. They keep looking for another way. What a neat philosophy, to never quit looking for a way to get where you're supposed to go.

Second, ants think winter all summer. That's an important perspective. You can't be so naive as to think summer will last forever. So ants are gathering in their winter food in the middle of summer.

The third part of the ant philosophy is that ants think summer all winter. That is so important. During the winter, ants remind themselves, "This won't last long; we'll soon be out of here." And the first warm day, the ants are out. If it turns cold again, they'll dive back down, but then they come out the first warm day. They can't wait to get out. And here's the last part of the ant philosophy. How much will an ant gather during the summer to prepare for the winter?

All that he possibly can. What an incredible philosophy, the "all-that-you-possibly-can" philosophy.

Wow, what a great seminar to attend - the ant seminar. Never give up, look ahead, stay positive and do all you can.

Yogic Breathing Techniques

It can be used to reduce stress.

The Bee's Breath: (Lowers high blood pressure)

Breathe in and have your breath out---lightly tap on your chest.

The Dragon's Breath: (clears out toxins)

Breathe in through your nose and let everything out and stick out tongue. (Mouth open wide)

The Om breath: Hands together like praying. Breathe through nose and inhale and open mouth and say Om, and then close mouth and do it.

These wonderful yogic breathing techniques can be used anytime and anywhere even at work or office. You can do these breathing techs to release the stress and toxins out of your body.



Taylor and Ava are relaxing with bee's breathe!

Pre-Primary class

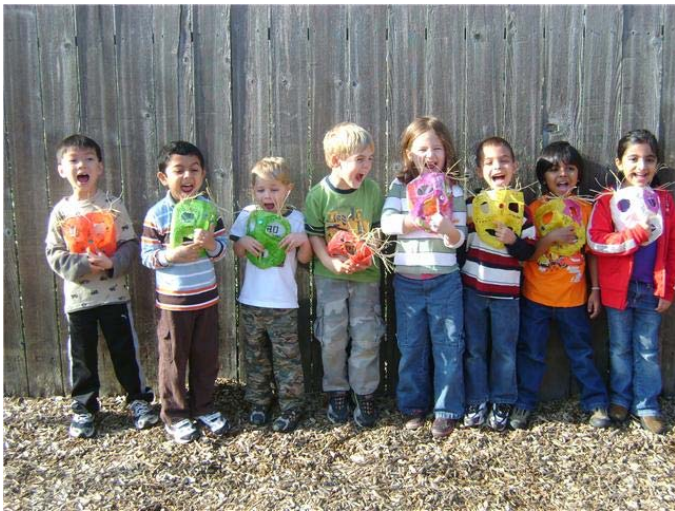
Curriculum for January: Africa, Polar Region, Weather and Texas

- Cowboy Gear, The Texas flower- Bluebonnet
- Parts of horse, Armadillos
- And much more

Our primary classes have made some great African masks from the gallon milk jar and Kwanzaa Masks from paper plates!!



Pre-Pr I: Getting ready to put on the Kwanzaa Masks!



Pre-Pr II: Showing off their stunning masks!!



Pre-Pr I: Showing off their beautiful masks!!

New Year started with the celebration of African American culture "Kwanzaa". Children had group discussions on depicting the wild life of Africa. Children also had the opportunity to learn and do the rain dance wearing their own creative African masks!!

Toddlers Class

Toddlers have been learning all about weather, five senses, and about Martin Luther King's birthday. You will also see that teachers will be enhancing children's vocabulary by introducing sensorial lessons through feeling, touching, seeing, hearing, and tasting. Parents can also do some senses activities at home with children. Going out for walk and talking about flowers; feeling the texture and then smelling, and spending great quality time with the children.



Pre-Pr II: Can you guess who is who!

Recycle

We are always looking for things to recycle. Our teachers make some great project with the kids through recyclable items. Ms. Ivette is collecting empty cereal boxes and the tin lids that are in the frozen concentrated juice. If you have any please bring to school and help us recycle.